

# Pegasus Press

The Lexington Cancer Foundation, Inc. • [www.lexingtoncancerfoundation.org](http://www.lexingtoncancerfoundation.org) • Summer 2018

*A heartfelt thank you to our  
2018 participating vintners:*

Arnyca Cellars  
Arkenstone Estate Winery  
Arrow & Branch  
Bien Nacido Estate  
Blackbird Vineyards  
Bucher Estates  
Carter Cellars  
Château du Tertre  
Château Giscours  
Cruse Wine Company  
Envy Wines  
Frias Family Vineyards  
Gamble Family Vineyards  
Hirsch Vineyards  
Jack Winery  
Jackson Family Wines  
Kenefick Ranch  
Memento Mori Winery  
Ovid. Napa Valley  
Post Parade  
Sinegal Estate  
Solomon Hills Estate  
Somnium Wine  
Southern Glazer's  
Wine and Spirits  
St. Supéry Estate  
Vineyards and Winery  
Stonestreet Estate  
Vineyard 7 & 8  
Wager Family Wines

## 2018 Kentucky Bluegrass Wine Auction & Derby Gala



**The thirteenth annual Kentucky Bluegrass Wine Auction & Derby Gala was held on Thursday, May 3, 2018 at the majestic Donamire Farm in Lexington, Kentucky.**

Over 450 guests attended this distinctive charity wine auction just days before the running of the 144th Kentucky Derby. The event was chaired by Mr. and Mrs. Richard Masson, along with the pleasure of having the proprietors of Carter Cellars, Envy Wines and Old Carter Whiskey Co., Mr. and Mrs. Mark Carter as Vintner Chairs. Our entry tent was graciously designed by Jon Carloftis Fine Gardens. The event, to date, has raised over 15 million dollars to benefit The Lexington Cancer Foundation's (LCF's) mission in the fight against cancer.

The event featured auction items such as a South African safari, a world-class wine tasting trip to Bordeaux, a yacht experience on The WORLD, BottleRock Napa Valley by Live Nation Arenas, celebrity experiences and more. The most sought after auction lot of the evening was a mixed case of the highly coveted and rare Pappy Van Winkle Bourbon.

The silent auction featured many fine and rare wines for enthusiasts including new wineries not yet featured at the event. Auction lots included an Ovid. Napa Valley experience, magnums from Arkenstone Estate Winery, St. Supéry Dollarhide Ranch adventure, Vineyard 7 & 8 Spring Mountain experience and many more. Other auction lots included luxury items from various boutiques around the Lexington, Kentucky area such as home décor from Haven Home, a 21C Museum cocktail party, a gourmet dinner and wine pairing from Portofino Restaurant, and a full lawn makeover from R. W. Thompson Landscaping.

Prior to the auction, on Wednesday, May 2, guests enjoyed various exclusive Private Vintner dinners with participating vintners with a series of gourmet wine pairing dinners by Apiary Fine Catering. The feature dinner was held at the exquisite Green Lantern Farm, hosted by chairs, Mr. and Mrs. Richard Masson along with Vintner Chairs, Mr. and Mrs. Mark Carter.

*continued inside*



Mark and Sherri Carter



The beautiful setting at Donamire Farm



Guests enjoy the wine tasting and silent auction.

## Dear Friends,

*It is hard to believe that this year marks our fifteenth anniversary! Where has the time gone? I want to express our organization's sincere gratitude for your ongoing generous support. The Kentucky Bluegrass Wine Auction & Derby Gala is our largest fundraiser. It is because of you, that we have been able to raise millions of dollars — bringing our mission of funding cancer research, education and patient care to life.*

*In October of 2004, five women passionate about the fight against cancer, started the Foundation around a dining room table. Since that time, we have grown in so many ways. I am incredibly grateful for the dedicated support of our board members, staff, donors, organizations, sponsors, and volunteers. Since our organization does not receive any state or federal funding, your continued support of our events and direct gifts are of paramount importance. These contributions have helped countless patients and their families during their fight against cancer, throughout the state of Kentucky — touching all 120 counties. We cannot do this without you!*

*We extend our deepest sympathies to the Ball family for the recent passing of Mr. Don Ball. The Ball family has been extremely generous to the Foundation since our inception, allowing us the opportunity to host our signature fundraiser at the majestic Donamire farm. Their kindness has helped us improve the quality of life of cancer patients and their families throughout the Commonwealth.*



**Warmest Regards,**  
Brenda Rice, President  
Kristi Martin, Executive Director

## 2018 LCF Grants

The Lexington Cancer Foundation hosted its Grant Awards Ceremony in November of 2017 at the 21C Museum Hotel in Lexington, Kentucky.

Grantees, board members, donors, supporters, and community leaders attended. We were honored to have Dr. Mark Newman, the new executive vice president for health affairs for UK HealthCare, speak to the group.

Recipients apply for funding from the Foundation through our annual grants process. Applications are accepted through June of each calendar year and reviewed by our Grants Committee. All requests are greatly appreciated and evaluated based on the potential project's alignment with our mission. Our grantees for 2018 include:

Appalachian Regional Healthcare  
Baptist Health Cancer Center  
Center for Courageous Kids  
Clay County Cancer Coalition  
Friends for Life Cancer Support Network  
Kentucky Cancer Link  
Kentucky One Health Foundation,  
Mt. Sterling  
Kentucky Prostate Cancer Coalition  
Kids Cancer Alliance  
Tri-County Cancer Coalition  
University of Kentucky Gynecologic  
Oncology Research  
Wood Hudson Cancer Research Laboratory  
American Cancer Society Hope Lodge®  
University of Kentucky HealthCare Integrative  
Medicine at the Markey Cancer Center



Thank you for all that you do! Without you, we would not be able to fulfill our mission in the fight against cancer. Your contributions mean so much to cancer patients and their families suffering from cancer.



above: Edie Green,  
Diane Lott, Jennifer  
Madden; right: Aimee  
Miller, Hollie Harris  
Phillips



above: Janell Samuels,  
Kristi Martin

# LCF Grant Funded Spotlight: Baptist Health Lexington Cancer Center

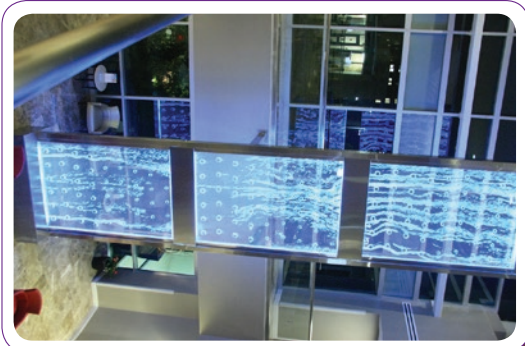
**This year's grant from the Lexington Cancer Foundation will help enhance the patient-centered cancer services Baptist Health Lexington is known for throughout Kentucky.**

The funds will be used to purchase computer tablets to help supplement education that nurses provide patients receiving chemotherapy. Nurse navigators also will utilize the tablets to assess patients and enter information into their medical record to help bridge the gap between diagnosis and treatment. The hospital also is exploring use of the tablets to provide audio and visual resources to support a healing environment for its integrative care services.

The Baptist Health Lexington Cancer Center is focused on the prevention, diagnosis and treatment of cancer using the most advanced therapies possible. Depending on the diagnosis, patients may be treated with specialized radiation, chemotherapy, targeted therapy, immunotherapy, or inpatient or outpatient palliative care services. Cancer research conducted at the hospital allows patients to take advantage of leading-edge drugs and therapies being tested on a national level.

A team of healthcare professionals — medical oncologists, radiation oncologists, breast radiologists, surgical specialists, nurse navigators, clinical nurse specialists, social workers, genetic counselors, chaplains, dietitians and many other support personnel — work together to help patients from diagnosis through treatment to survivorship.

The Cancer Center's state-of-the-art equipment, innovative services and compassionate care has been recognized with a three-time Magnet® designation for nursing excellence from the American Nurses Credentialing Center, as well as accreditation by the American College of Surgeons' Commission on Cancer and the National Accreditation Program for Breast Centers.



## { Upcoming Events }

**Double Barrel Charity Clays – Elk Creek Sporting Club**  
Thursday, September 27 & Friday, September 28, 2018  
More information coming soon!

**Costumes & Cocktails for a Cause**  
Friday, October 19, 2018  
More information coming soon!



**LCF Grant Awards Ceremony**  
November 29, 2018  
11:30 am, 21C Museum Hotel  
Lexington, Kentucky

**2019 Kentucky Bluegrass Wine Auction & Derby Gala**  
Thursday, May 2, 2019, Donamire Farm  
Lexington, Kentucky

## Wine Auction *(continued from front page)*

Following the auction, on Friday, May 4, board members, top sponsors and participating vintners enjoyed an intimate dinner at the Apiary. After dinner, guests enjoyed the angelic vocals of Chilina Kennedy of Broadway's musical – *Beautiful, The Carole King Story*.

**The 2019 auction will be held on Thursday, May 2, 2019 at Donamire Farm.**

LCF would like to thank all sponsors, vintners, donors, patrons, guests and volunteers for their support in making the auction a tremendous success. Numerous Kentucky cancer fighting organizations will reap the rewards of the proceeds from the evening. Your contributions help improve the quality of life of cancer patients and their families.

Businesses and supporters who wish to join LCF in our mission by donating an item or items to the 2019 auction are encouraged to visit the LCF website for more information. Contributions help LCF award grants to many worthy cancer causes, and offer businesses the opportunity to showcase wonderful products and services.



Kristi Martin and Sam Dick



Darrell Brown and Richard Masson



above: Party on the Moon Band;  
below: Will Costello of Bien Nacido and Solomon Hills Estate Winery. Jennifer Hall, Global Director, of The WORLD.



above: Winning bidder Scott Graves;  
below: Louisville's Linkin' Bridge



Chilina Kennedy from the Broadway musical BEAUTIFUL, The Carole King Story



Susan and Ron Krausz, proprietors of Arkenstone Estate Winery, and Seanne and Steve Contursi, proprietors of Arrow & Branch

**Vintners who wish to participate in the 2019 Kentucky Bluegrass Wine Auction & Derby Gala are required to complete a Vintner Participation Form.** Forms and additional 2019 Kentucky Bluegrass Wine Auction & Derby Gala information is available on the LCF website, [www.lexingtoncancerfoundation.org](http://www.lexingtoncancerfoundation.org).

# Summer is here. Melanoma— what to watch for and how to prevent it

## Signs of Melanoma

Signs of melanoma include new spots on the skin, or a change in size, shape or color of an existing mole. The ABCDE method may help you determine if an abnormal skin growth may be melanoma:

- **Asymmetry:** The mole has an irregular shape.
- **Border:** The edge is not smooth, but irregular or notched.
- **Color:** The mole has uneven shading or dark spots.
- **Diameter:** The spot is larger than the size of a pencil eraser.
- **Evolving or Elevation:** The spot is changing in size, shape or texture.

The only way to be sure if a mole is melanoma is to have it examined by a doctor.

### *Other melanoma symptoms may include:*

- Sores that do not heal
- Pigment, redness or swelling that spreads outside the border of a spot to the surrounding skin
- Itchiness, tenderness or pain
- Changes in texture, or scales, oozing or bleeding from an existing mole
- Blurry vision or partial loss of sight, or dark spots in the iris

Since cancer symptoms may vary—and not all melanomas develop from moles—it is important to discuss any new or unusual skin growths with your doctor.

While many melanomas develop in areas exposed to the sun, they may also develop in areas that are usually hidden from the sun. In addition to examining the legs, trunk, arms, face and neck, it is important to look at the areas between the toes, underneath fingernails and toenails, on the palms of the hands, the soles of the feet, the genitals and even the eyes.



## Prevention

You can reduce your risk of melanoma and other types of skin cancer if you:

- **Avoid the sun during the middle of the day.** For many people in North America, the sun's rays are strongest between 10 a.m. and 4 p.m. Schedule outdoor activities for other times of the day, even in winter or when the sky is cloudy.

You absorb UV radiation year-round, and clouds offer little protection from damaging rays. Avoiding the sun at its strongest helps you avoid the sunburns and suntans that cause skin damage and increase your risk of developing skin cancer. Sun exposure accumulated over time also may cause skin cancer.

- **Wear sunscreen year-round.** Sunscreens don't filter out all harmful UV radiation, especially the radiation that can lead to melanoma. But they play a major role in an overall sun protection program.

Use a broad-spectrum sunscreen with an SPF of at least 15. Apply sunscreen generously, and reapply every two hours — or more often if you're swimming or perspiring. The American Academy of Dermatology recommends using a broad-spectrum, water-resistant sunscreen with an SPF of at least 30.

- **Wear protective clothing.** Sunscreens don't provide complete protection from UV rays. Cover your skin with dark, tightly woven clothing that covers your arms and legs and a broad-brimmed hat, which provides more protection than a baseball cap or visor does.

Some companies also sell photo protective clothing. A dermatologist can recommend an appropriate brand.

Don't forget sunglasses. Look for those that block both types of UV radiation — UVA and UVB rays.

- **Avoid tanning lamps and beds.** Tanning lamps and beds emit UV rays and can increase your risk of skin cancer.
- **Become familiar with your skin so that you'll notice changes.** Examine your skin regularly for new skin growths or changes in existing moles, freckles, bumps and birthmarks.

With the help of mirrors, check your face, neck, ears and scalp. Examine your chest and trunk and the tops and undersides of your arms and hands. Examine both the fronts and backs of your legs and your feet, including the soles and the spaces between your toes. Also check your genital area and between your buttocks.

Cancer Treatment Centers of America®

## ⌘ In This Issue ⌘

2018 Kentucky Bluegrass Wine Auction & Derby Gala

Upcoming Events

Summer is Here — Protect Your Skin

LCF Grants

Baptist Health Lexington Cancer Center

## ⌘ Mark Your Calendar! ⌘

Annual Kentucky Bluegrass Wine Auction & Derby Gala

6:00 p.m. Thursday, May 2, 2019, Donamire Farm

Refer to our website for updated event information:

[www.lexingtoncancerfoundation.org](http://www.lexingtoncancerfoundation.org)

## ⌘ Donate to LCF and help those suffering from cancer! ⌘

LCF greatly appreciates your generous contributions to our organization and cause. Because of you, LCF is able to make a greater impact in the fight against cancer.

There is nothing more meaningful than a memorial donation made in memory of a loved one. Gifts in honor of a loved one can be a great way to show your support. LCF will send a letter to the person you indicate, suitable for the occasion, informing the individual or family that you have made a gift in his/her memory/honor.

### How do I make a donation?

- Make a gift in memory of a loved one
- Make a gift in honor of a loved one
- Make a gift to the LCF Endowment
- Make a gift to Wende Bell's Garden

We have made it easy for you to make a secure credit card donation online, via PayPal, or with a personal check by mail. Please visit the LCF website for more information.

1504 College Way  
Lexington, Kentucky 40502

THE LEXINGTON  
CANCER FOUNDATION, INC.  
*Fundraising for cancer research, education and care*



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